

# Cowichan Wine and Culinary Festival 2013 MNP Grape Stomp



*Join us at the Cowichan Exhibition Grounds*

SEPTEMBER 7, 2013 | 1:30 – 3:30 PM

*This is the kickoff event for the 2013 Cowichan Wine and Culinary Festival*

The objective of each four-person team is to crush the most juice from 20 pounds of grapes in four minutes. The stompers stand in the barrels and flatten the grapes with their bare feet. The team members assist by standing around the barrels and catch the juice with an official supplied container.

Teams are judged on costume, technique and amount of juice collected after stomping for four minutes. There will be three rounds of four teams each. The winners of the first three rounds will compete in the 4th round to determine the 2013 MNP Grape Stomp Champion Team. Maximum number of participating teams will be twelve (first twelve paid entries).

## THE COWICHAN WINE & CULINARY FESTIVAL GRAPE STOMP RULES ARE AS FOLLOWS:

1. Teams are encouraged to have a meaningful team name and participants in appropriate attire or costume for the event. Each team to provide a suitably sized team name sign.
2. Teams will be judged on costume, technique, enthusiasm and total juice collected in four minutes.
3. The team captain will be notified of preliminary stomp time the first week of September.
4. All team members are required to sign the Grape Stomp Waiver-Release.
5. Only teams that submit the entry fee of \$40 per team, a completed application & waiver-release will be officially entered to compete.
6. Applications and entry fees must be received by August 30, 2013.
7. Stomping consists of four timed minutes with four persons to a team.
8. Only one person will be permitted to stomp at a time.
9. Each team will have a barrel with 20 pounds of grapes to stomp. The team collecting the most judged points, (including the measured amount of juice) in their heat will be the winner and advance to the final Championship Round.
10. A five gallon jug will be used to collect the juice.
11. ONLY juice, not pulp, produced by stomping will be recorded.
12. Bare feet and hands only - no artificial aids either on hands or feet.
13. Team captains are responsible for bringing the juice to the weigh station and verifying the volume with the judges.

## SERIOUS STUFF

Intoxicated participants will not be allowed to participate. Use of alcohol is strictly prohibited. Throwing grapes or juice will result in disqualification.

Be safe – It is recommended that all jewelry or breakables be removed before stomping.

*We appreciate your participation.  
Thank you for helping make the 2013  
MNP Grape Stomp a success!*



You'll feel like family.



# Cowichan Wine and Culinary Festival 2013 MNP Grape Stomp

Stomp them, crush them, make some wine at the  
Cowichan Wine and Culinary Festival – 2013 MNP Grape Stomp



SEPTEMBER 7, 2013 | 1:30 – 3:30 PM | COWICHAN EXHIBITION GROUNDS

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## ENTRY APPLICATION

Please print – we must be able to read your writing. Your Team Captain will be notified of your team participation details. You're encouraged to dress creatively and "work" on your technique.

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OUR TEAM NAME IS

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CORPORATE OR CLUB SPONSORSHIP

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CAPTAIN – NAME	EMAIL	PHONE #
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STOMPER #1 – NAME	EMAIL	PHONE #
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STOMPER #2 – NAME	EMAIL	PHONE #
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STOMPER #3 – NAME	EMAIL	PHONE #
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**(NOTE: Each team member must complete a competition waiver form)**

Team entry fee is \$40.00 and must be paid by **Friday, August 30, 2013** to the MNP Cowichan Office at 372 Coronation Avenue, Duncan, BC V9L 2T3.

Return this form by **Friday, August 30, 2013** to the MNP Cowichan Office, or fax completed form and waivers to 250-746-1712.

- >> The first twelve teams to register and pay the entry fee will be eligible to compete.
- >> All entrants receive an "official" participation certificate – The Order of the Purple Foot.
- >> The winning 2013 Grape Stomp team will receive the highly sought after and unique "Purple Foot Trophy", plus each member will receive a prize sponsored by MNP.

Questions should be directed to Kathy Morencie – [kathy.morencie@mnp.ca](mailto:kathy.morencie@mnp.ca)



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## TEAM MEMBERS & WAIVER RELEASE

I, the undersigned, attest and verify that I am physically fit and have full knowledge of the risks involved. I have read the entry information and rules and certify by my signature my compliance. I hereby release The Cowichan Wine and Culinary Festival Committee, MNP LLP and any and all individuals or companies associated with the event from responsibility for any injuries or damages I may suffer as a result of my participation in the Cowichan Wine & Culinary Festival 2013 MNP Grape Stomp.

\_\_\_\_\_  
TEAM NAME PHONE

\_\_\_\_\_  
BUSINESS AFFILIATION OR SPONSOR

### TEAM MEMBERS

\_\_\_\_\_  
CAPTAIN – NAME ADDRESS PHONE

\_\_\_\_\_  
EMERGENCY CONTACT (NAME) EMERGENCY PHONE

\_\_\_\_\_  
SIGNATURE

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\_\_\_\_\_  
STOMPER #1 – NAME ADDRESS PHONE

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EMERGENCY CONTACT (NAME) EMERGENCY PHONE

\_\_\_\_\_  
SIGNATURE

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\_\_\_\_\_  
STOMPER #2 – NAME ADDRESS PHONE

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EMERGENCY CONTACT (NAME) EMERGENCY PHONE

\_\_\_\_\_  
SIGNATURE

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\_\_\_\_\_  
STOMPER #3 – NAME ADDRESS PHONE

\_\_\_\_\_  
EMERGENCY CONTACT (NAME) EMERGENCY PHONE

\_\_\_\_\_  
SIGNATURE

Teams will be scheduled on a first-come, first-served basis upon receipt of completed application and entry fee.

**Good Luck and May the Best Feet Win!**

